

Oct. 21-23  
2011

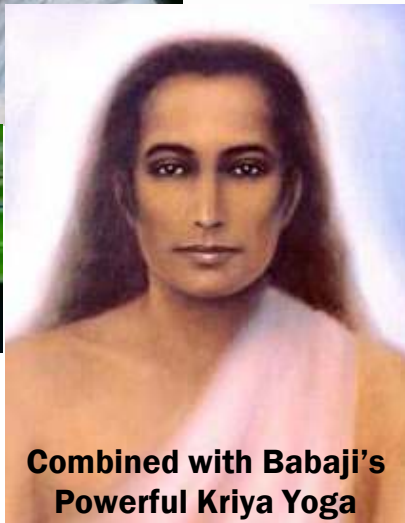
# "Learning to Live in Bliss"

with Jan Robinson, in Berkeley, CA

Break Through Your Limitations ~ Discover Your Magnificence!



Osho's Celebration of Life



Combined with Babaji's  
Powerful Kriya Yoga

## Learn Ipsalu Methods To:

Prolong and deepen your lovemaking  
by generating and containing  
more sexual energy

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Discover your unlimited Self  
as creator of your  
reality and experience

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Be fully present with your Beloved

~

Transmute sexual energy to  
rejuvenate your body  
and stimulate creativity

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Prepare to awaken Kundalini safely  
(your most powerful and creative)  
energy using Babaji's Cobra Breath

Tuition: \$350/Individual; \$650/Couple

*Tantra is much more than glorified sex. Sexual Energy becomes a powerful tool for awakening True Self. You can live in bliss by just removing the obstructions. When the mind is still and the body flowing with primal energy, something remarkable happens—an alchemical merging of spirit and matter. You embody God and realize the presence of the Divine in all aspects of life." ~Bodhi Avinasha, Founder of Ipsalu*

# "Learning to Live in Bliss"

## Ipsalu Tantra Kriya Yoga Level 1 Cobra Breath Intensive

Welcome to the Embodied Spiritual Path of Ipsalu!



### Ipsalu Tantra Kriya Yoga

is a unique approach within the variety of Tantric paths. What distinguishes Ipsalu is the focus realizing your True Self, attention to emotional flow, and the skillfully designed sets of yogic techniques for safely activating your cosmic consciousness. "Ipsalu" means "going beyond desires." The ego mind believes having its desires fulfilled will bring happiness but that is seldom true. The Soul lives in bliss. By identifying more and more with your divine nature, you release

### Cosmic Cobra Breath

The key to Ipsalu Tantra is the Cosmic Cobra Breath, a precious gift to human kind from Yogi Master Babaji. This ancient breath practice was long held secret because of its great power. It prepares mind and body for the safe movement of kundalini.

your desires and discover who you truly are.



*"Get the Cobra Breath Initiation. Become a beacon in the darkness." ~ Bodhi Avinasha*

**Jan Robinson**, lead facilitator, is a passionate tantra yoga practitioner, senior teacher, and teacher trainer of Ipsalu Tantra International. Jan lives in the San Francisco Bay Area, CA and has travelled and taught across the U.S. and Europe. Honoring the body as a gateway to the Divine, Jan supports others to integrate love, consciousness, and sexuality into the wholeness of their being. Above all, Jan joyfully holds space for all to awaken to their Divine Magnificence! Learn more and register online at [www.tantricjoy.com](http://www.tantricjoy.com). For more info: [jan@tantricjoy.com](mailto:jan@tantricjoy.com)

