

# "Learning to Live in Bliss"

## Ipsalu Tantra Kriya Yoga Level 1 Weekend Intensive

Jan Robinson, Certified Ipsalu Tantra Instructor

Heartwalker Studio, Oakland, CA

August 6-8, 2010

Break Through Your Limitations ~ Discover Your Magnificence!



### In This Workshop You Will Learn How To:

- Prolong and deepen your lovemaking by generating and containing more sexual energy
  - Transmute sexual energy to rejuvenate your body and stimulate creativity
- Be fully present with your Beloved
  - Discover your unlimited Self as creator of your reality and experience
- Prepare to awaken Kundalini safely using Babaji's Cobra Breath

\$385/individual course tuition, \$750/couple

(Early Bird Discount through June 30th: \$295/individual; \$575/couple)



*"Tantra is much more than glorified sex. Sexual Energy becomes a powerful tool for awakening True Self. You can live in bliss by just removing the obstructions. When the mind is still and the body flowing with primal energy, something remarkable happens—an alchemical merging of spirit and matter. You embody God and realize the presence of the Divine in all aspects of life."*

Register Online [www.tantricjoy.com](http://www.tantricjoy.com) • 510.469.8268 • [jan@tantricjoy.com](mailto:jan@tantricjoy.com)